


HOW TO
BLESS
TO YOUR
ENEMY

BY: MARCUS YOUNG

LOVE
YOUR
ENEMY



When God created Adam and Eve
in his image, he blessed them.
This first blessing over humanity
remains powerful enough to
ensure that evil will not win.

1

**WE WERE
CREATED IN
BLESSING**

Genesis 1:27-28
Hebrews 4:3-4

"Do not repay evil for evil or reviling for reviling,
but on the contrary, bless, for to this you were
called." (1 Peter 3:9a)

God's promise to Abraham that
all the families of the earth will
be blessed through his posterity.

2

**OUR PURPOSE
IS BLESSING
ALL NATIONS**

Genesis 12:3b
Acts 3:25
Galatians 3:8

BLESSING AN ENEMY IS EXPONENTIAL 3

Blessing is exponentially and eternally more potent than cursing.

Follow Jesus' example — he generously shares every single spiritual blessing with us. (Ephesians 1:3)

Elevate your leadership — blessing others elevates your spiritual stature. (Hebrews 7:7)

Increase your capacity — blessing others stretches your soul wide to receive greater blessing. (Luke 6:28, 38)

Giving is reciprocal — blessing our enemy breaks the power of their curse becoming a banner of God's love over us. (Acts 20:35)





AREAS OF BLESSING

4

Ask yourself these questions:

- What do you have within you, that you can bless this person with?
- What are your enemy's hopes and dreams that contain seeds of good?
- What redemption and hope is radiating from Father God's heart for this person?

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WHERE
BLESSING
BEGINS

Community
of Faith

Listening to
the Holy Spirit

BLESSING

God's
Presence

ENCOURAGEMENT

- offer compliments, thanks, praise and gratitude (1 Thessalonians 5:15-18)

PROPHECY

- declare God's hope over someone's heart and call (Genesis 49:1, Hebrews 11:20-21)

IMPARTATION

- bestow the goodwill or purpose of heaven (Luke 24:30-31, 50)

TYPES OF BLESSING

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7 WHAT IS A CURSE?

Cursing is negative speech or activities meant to wound or diminish us. These can transmit the power of negative emotions or lies.

Cursing is the use of words and sometimes activities in order to harm. For example: shaming, cancel culture, witchcraft, racial slurs, etc.

PREPARING OURSELVES TO BLESS

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- Be honest about your frequent failures.
- See how Jesus' own goodness covers them.
- Clean your own house before you blame others for injustice.

Capacity to bless enemies means we scrape off as much of our accusation and anger as we can. Pursue 100% forgiveness. Strategize towards their very best outcomes in life.

Jesus' thoughts on accusation: "He who has no sin, cast the first stone." — See story of the woman caught in adultery by the religious community in John 8.

A black and white photograph of a person's hand holding a pen and writing in a notebook. The notebook is open, and the pages are filled with handwritten text. The person is wearing a light-colored long-sleeved shirt. The background is slightly blurred, showing a desk and a cup of coffee.

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CREATE SOME BLESSINGS FOR YOUR ENEMY

Practice – Write out a 2–3 sentence blessing over your enemy.

Then, use the **Philippians 4:8 Filter** (on the next page) to see how you did.

Make adjustments.

Use Philippians 4:8 as a filter for your blessing:

Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.

True Determine the honest situation as best you can and speak from your heart

Honorable Offer respectful words that show favor or offer praise

Just Apply your faith, God loves to back up redemptive blessing

Pure Lay aside your agendas, let Holy Spirit be the guide

Lovely Imagine what real blessing looks like in heaven

Commendable Be enthusiastic for this person's very best

Excellent Speak the best ideas both God and your enemy might imagine

Praiseworthy Celebrate God's love and hope over them



Recite this blessing
over your enemy daily.

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**CREATE A
HABIT OF
BLESSING**



USE ACTIONS TO BLESS

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Make a list of 2-4 actions you could take that would show honor or bless your enemy.

Think about the problems they are facing that you could help solve. Think about the hurts in their life that you might be able to comfort. Think about the ways that you would like to be served or blessed by them.

Once you have thought of some personal ways to bless your enemy, ask a few friends if they would be willing to join you. They might have new ideas for blessing, or can just join you and hold you accountable in your ideas.



**GET YOUR
COMMUNITY
INVOLVED** 12