

HOW TO
PRAY
FOR YOUR
ENEMY

BY: MARCUS YOUNG

LOVE
YOUR
ENEMY

1

**DEFINE
YOUR
ENEMY**



choose 1
close to you



choose 1
your whole community
agrees is an enemy

First we must forgive ourselves (inward),
then others (outward,
then God (upwards)).

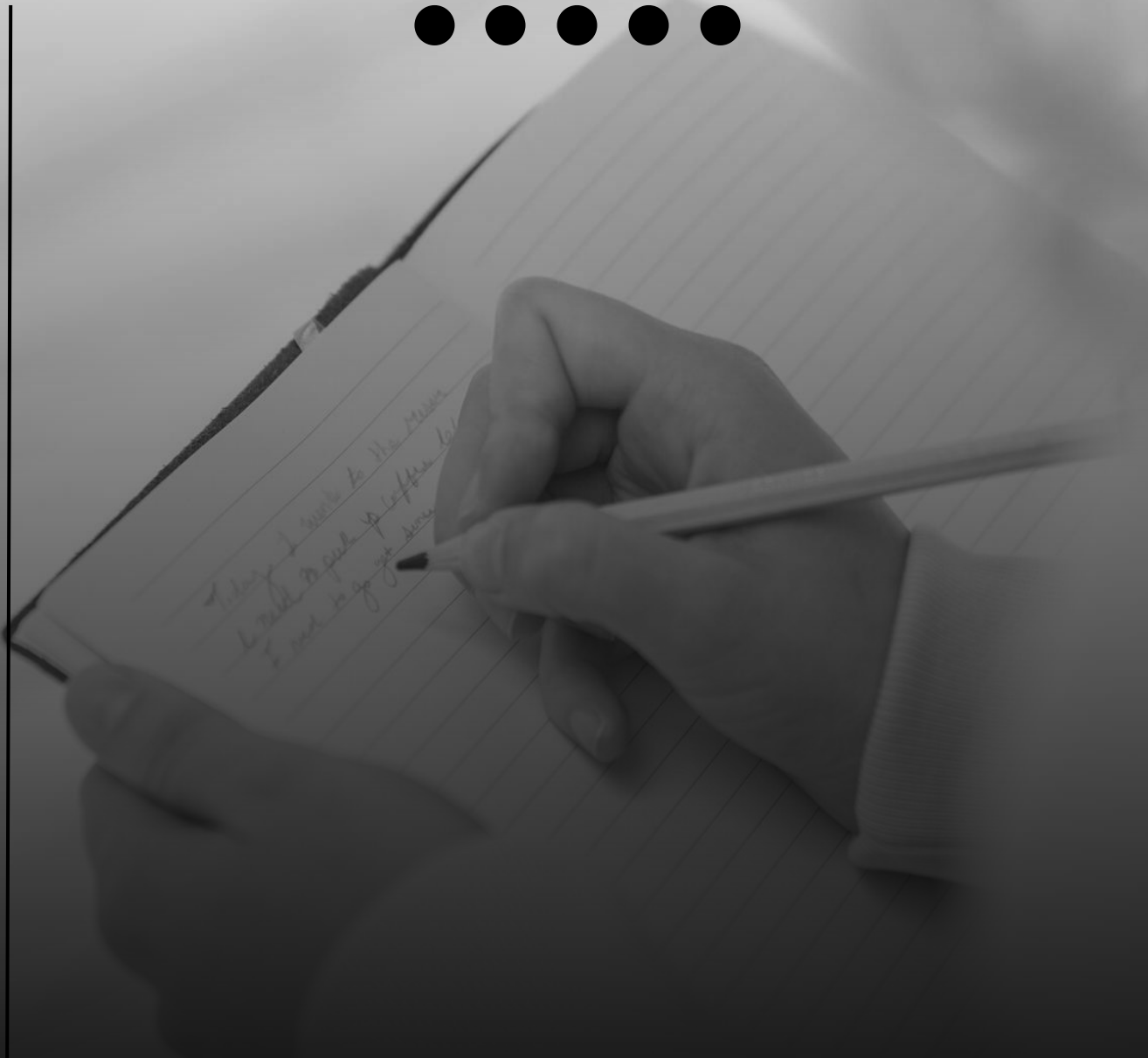
Repeat this process of
forgiveness daily
or even hourly.

2

FORGIVE
YOUR
ENEMY

PRAY FOR YOURSELF 3

List 5 promises, callings, gifts or passions God has given to you. Ask God to reveal these things to you.





• Take your personalized list and use it to build a list of 5 good intentions God has over your enemy.



4



**PRAY FOR
YOUR ENEMY**



5

FILTER
YOUR
PRAYER

Use Philippians 4:8 to filter your prayer for your enemy. It is ok to start with the raw truth, but move into honor.

Use Philippians 4:8 as a filter for your blessing:

Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.

True Begin with truth, however brutal and emotional.

Honorable Wrestle out ways to give honor with that truth.

Just Seek out restorative justice through reconciliatory prayers and actions (not punitive justice or revenge).

Pure Practice purity of heart through God-focused prayer. Where is God in this situation with our enemy?

Lovely See gracious Abba's gaze of love on your enemy. What beauty from heaven can apply to our prayer?

Commendable Is it a prayer you would find admirable if someone prayed it for you?

Excellent Is there a high bar in these thoughts and prayers?

Praiseworthy Would this prayer feel like praise of your enemy or a praise of God's heart and ways?

Does your prayer meet these standards?

Narrow your prayer down to 2-3 sentences
- something you can recite over your
enemy daily.

- Repeat this prayer.
- Find friends to pray it with you.
- Write 1 act of kindness you can show.

6

HONE
YOUR
PRAYER



EXPAND YOUR VISION

7

Work with your community to identify enemies of the church or community. Pray for them. Find an act of kindness to offer them.